1. Sit on the edge of a chair, the brace is put on the knee with the +/- 75º of flexion. Position the joint so that the center of the hinges are one inch above the joint line (see arrow). Make sure that the brace is not twisted on the knee.

2. First, fasten the bottom calf strap (#1), then the upper thigh strap (#2).

3. Secure the upper calf strap (#3) which is well placed above the belly of the calf muscle for good suspension. Then the lower thigh strap (#4)

4. Now tighten the front tibial strap (#5).

5. When all strapping is complete, the hinge should center just above the top of the knee cap and one inch above the joint line.

6. Open the plastic hinge cover, select a desired degree of extension (0º, 15º, 30º, 45º, 60º) or flexion (0º, 15º, 30º, 45º, 60º, 90º, 120º) The dial-in pins are easily detached or inserted. Both medial and lateral pins must be identical in degree.

IDEAL FOR:
- ACL/ PCL Injury
- Complex Instability (MCL/ LCL)
- Post-Operative Application

CLEANING:
This product can be hand washed in cold or lukewarm water with mild soap or detergent and air dried.

WARNING:
- Should there be any rash developed, discontinue use and seek medical advice.
- This support should be snug but not impair circulation.
- Consult your doctor for any persistant problems.
- Settings of flexion/extension controls should be undertaken by medical professionals only

WARRANTY: The warranty on the Gladiator™ is free repair or replacement for manufacturer’s defects within 90 days of the date fitted.